**Keralolsvam**

**Athletics championship 2022**

**L B S Stadium , Kollam On 27th , 28th December**

Day 1 Tuesday 27th December

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Sl.No | Time | Event & Specifications | Category | Round | No.of finals |
| 101 | 9.00Am | 100 m | Men above 20 | S.f |  |
| 102 | 9.00Am | Discus Throw (1kg) | Women below 20 | Final | 1 |
| 103 | 9.00 Am | High jump | Men below 20 | Final | 2 |
| 104 | 9.00 am | Tripple jump | Women above 20 | Final | 3 |
| 105 | 9.15 Am | 100 m | Men below 20 | S.f |  |
| 106 | 9.30 am | 100 m | Women above20 | S.f |  |
| 107 | 9.45 am | 100 m | Women below 20 | S.f |  |
| 108 | 11.00 am | 400 m | Men above 20 | S.f |  |
| 109 | 11.00 am | High jump | Women above 20 | Final | 4 |
| 110 | 11.00 am | Discus throw (2kg) | Men above 20 | Final | 5 |
| 111 | 11.00 am | Tripple jump | Men below 20 | Final | 6 |
| 112 | 11.15 am | 400 m | Men below 20 | S.f |  |
| 113 | 11.30 am | 400 m | Women above 20 | S.f |  |
| 114 | 11.45 am | 400 m | Women below 20 | S.f |  |
| **Break** | **Break** | **Break** | **Break** |  |  |
| 115 | 2.45pm | Discus throw (2kg) | Men below 20 | Final | 7 |
| 116 | 2.45pm | High jump | Women below 20 | Final | 8 |
| 117 | 2.45pm | Tripple jump | Men above 20 | Final | 9 |
| 118 | 3.00pm | 100 m | Men above 20 | Final | 10 |
| 119 | 3.05pm | 100 m | Men below 20 | Final | 11 |
| 120 | 3.10pm | 100 m | Women below 20 | Final | 12 |
| 121 | 3.15pm | 100 m | Women above 20 | Final | 13 |
| 122 | 3.30pm | 400 m | Men above 20 | Final | 14 |
| 123 | 3.35pm | 400 m | Men below 20 | Final | 15 |
| 124 | 3.40pm | 400 m | Women above 20 | Final | 16 |
| 125 | 3.45pm | 400 m | Women below 20 | Final | 17 |
| 126 | 3.45pm | Discus Throw (1kg) | Women above 20 | Final | 18 |
| 127 | 3.45pm | High jump | Men above 20 | Final | 19 |
| 128 | 3.45pm | Triple jump | Women below 20 | Final | 20 |
| 129 | 3.50pm | 1500 m | Men above 20 | Final | 21 |
| 130 | 4.00pm | 1500 m | Men below 20 | Final | 22 |
| 131 | 4.10pm | 1500 m | Women above 20 | Final | 23 |
| 132 | 4.20pm | 1500 m | Women below 20 | Final | 24 |
| 133 | 4.30pm | 4x100 | Women above 20 | S f |  |
| 134 | 4.45pm | 4x100 | Women below 20 | S.f |  |
| 135 | 5.00pm | 4x100 | Men above 20 | S.f |  |
| 136 | 5.15pm | 4x100 | Men below 20 | S.f |  |

**Day 2 28th December 2022**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Sl.no** | **Time** | **Event & specifications** | **Catageory** | **Round** | **No.of finals** |
| 137 | 8.00am | 5000 m | Men above 20 | Final | 25 |
| 138 | 8.20am | 5000 m | Men below 20 | Final | 26 |
| 139 | 8.40am | 5000 m | Women above 20 | Final | 27 |
| 140 | 9.00am | 5000 m | Women below 20 | Final | 28 |
| 141 | 9.00am | Long jump | Men below 20 | Final | 29 |
| 142 | 9.00am | Shot put (4kg) | Women below 20 | Final | 30 |
| 143 | 9.00am | Javelin throw (600gm) | Women above 20 | Final | 31 |
| 144 | 9.20am | 200 m | Men above 20 | S.f |  |
| 145 | 9.40am | 200 m | Men below 20 | S.f |  |
| 146 | 10.00am | 200 m | Women above 20 | S.f |  |
| 147 | 10.20am | 200 m | Women below 20 | S.f |  |
| 148 | 10.20am | Long jump | Men above 20 | Final | 32 |
| 149 | 10.20am | Shot put (7.26kg) | Men below 20 | Final | 33 |
| 150 | 10.20am | Javelin throw (600gm) | Women below 20 | Final | 34 |
| 151 | 10.30am | 800 m | Women above 20 | S f |  |
| 152 | 10.45am | 800 m | Women below 20 | S.f |  |
| 153 | 10.55am | 800 m | Men above 20 | S f |  |
| 154 | 11.05am | 800 m | Men below 20 | S.f |  |
| 155 | 11.20am | Long jump | Women above 20 | Final | 35 |
| 156 | 11 20am | Shot put (7.26kg) | Men above 20 | Final | 36 |
| 157 | 11.20am | Javelin throw (800g) | Men below 20 | Final | 37 |
| 158 | 11.20am | 200 m | Women above 20 | Final | 38 |
| 159 | 11 25am | 200 m | Women below 20 | Final | 39 |
| 160 | 11.30am | 200 m | Men above 20 | Final | 40 |
| 161 | 11.35am | 200 m | Men below 20 | Final | 41 |

**Break**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 162 | 3.15pm | Long jump | Women below 20 | Final | 42 |
| 163 | 3.15pm | Shot put (4kg). | Women below 20 |  | 43 |
| 164 | 3.15pm | Javelin throw (800gm) | Men above 20 |  | 44 |
| 165 | 3.30pm | 800 m | Men above 20 |  | 45 |
| 166 | 3.35pm | 800 m | Men below 20 |  | 46 |
| 167 | 3.40pm | 800 m | Women above 20 |  | 47 |
| 168 | 3.45pm | 800 m | Women below 20 |  | 48 |
| 169 | 4.00pm | 4x100 | Women above 20 |  | 49 |
| 170 | 4.15pm | 4x100 | Women below 20 |  | 50 |
| 171 | 4.30pm | 4x100 | Men above 20 |  | 51 |
| 172 | 4.45pm | 4x100 | Men below 20 |  | 52 |

***Common Instructions***

* In the track events except relay race if the number of actual participants are less so that the event can be conducted as a single round. The final can be conducted at the scheduled time of realy itself. Final of relay shall be conducted at the originally scheduled time only.
* Filed events except vertical jump competitions shall be conducted as three plus three trails format.
* Jump off will not be conducted even if there is a for first place in vertical jump competitions.
* Personal implacement for throwing events if any shall be submitted at the Tic One hour prior to the scheduled start of that particular competition.
* The standard opertaing procedure and covid protocol declared by the government of Kerala and Athletics federation of India has to be strictly followed by everyone participating in the championship.